

The language is structured in a similar way to English. So for example Wen momtong bakkat palmok makki means Left middle section outer forearm block. Students are not expected to understand the Korean for moves they have not learnt.

Titles		
관장님	Kwan jang nim	School Head Instructor
사범님	Sabeom nim	Instructor
계	Kye	Facing (as in turn to face)
던	Dan	Dan (Black belt student)
급	Keup	Junior Student

General Terms		
태권도	TaeKwonDo	Foot Hand Way
관	Kwan	School
기	Gie	Flag
국기	Kook gie	KSouth Korean Flag
도복	Dobok	Training uniform
띠	Tee	Belt
도장	Do jang	Training hall
겨루기	Kyeorugi	Sparring
품새	Poomsae	Patterns
호신술	Hoshinsul	Self Defence
격파	Kyeokpa	Breaking
단도	Tanto	Knife (Tanto is Japanese, Khal is Korean but less used in UK)
봉	Bong	Staff
호구	HoGu	Chest Guard
감사합니다	GamsaHamnida	Thank You

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Commands		
차렷	Charyot	Attention
경례	Kyong Nye	Bow
준비	Joonbi	Ready
시작	Sijak	Start
그만	Keuman	Stop
계속	Key sork	Continue
바로	Baro	Return to ready / Finish
기합	Kihap	Shout
쉬어	Shio	Relax
왼	Oen	Left
옳은	Oreun	Right
뒤로돌아	Dwirodola	Turn around
자세	Jase	Position
빨리	Pali Pali	Hurry
아래	Arae	Low
몸동	Mom tong	Body section
얼굴	Eolgool	High
갈려	Kalyeo	Break
감점	Gamjeom	Deduction point
경고	Kyeong go	Warning
계시	Kyeshi	Suspend time
시간	Shigan	One minute rest time
<i>Shaded = Sparring</i>		

Counting		
하나	Hanna	1
둘	Dul	2
셋	Set	3 (t not pronounced)
넷	Net	4 (t not pronounced)
다섯	Daseot	5 (t not pronounced)
여섯	Yeoseot	6 (t not pronounced)
일곱	Ilgope	7
여덟	Yeoudeol	8
아홉	Ahop	9
열	Yeol	10
스물	Seumul	20
<i>Note: 11 is Yeol Hanna, 12, is Yeol Dul, etc</i>		

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Parts of the Body		
명지	Myeong Chi	Solar Plexus
목	Mok	Neck

Hand Techniques		
지르기	Jireugi	Punch
막기	Makki	Block
찌르기	Chireugi	Thrusting
치기	Chigi	Strike
내려	Naeryo	Downward
헤쳐	Hechyo	Wedging
잡기	Japgi	Grasping
거들여	Geodeuro	Assisted
표적	Pyojeok	Target (Punch - Koryo, Kick - Chil Jang, Elbow - Oh and Chil Jang)
보주먹	Bo Jumeok	Covered Fist (Taeguk Chil Jang)
가위	Gawi	Scissor (Taeguk Chil Jang)
두번 지르기	Du Beon Jireugi	Double punch (Two consecutive punches, Sam Jang)
두 주먹 지르기	Du Jumeok Jireugi	Twin Punch (Two simultaneous punches)
제비 품 목 치기	Jebi Poom Mok Chigi	Swallow shaped neck strike (Sa Jang)
통밀기	Tong Milgi	Pushing Hands (Koryo)
겹선	Gyeopson	Overlapping hands (PyongWon)
큰 돌 찌귀	Kheun Dolzeogi	Large Hinge (Keumgang)
작은돌 찌귀	Jageun Dolzeogi	Small Hinge (Keumgang)
팍위 밀기	Pawi Milgi	Rock Pushing (Sipjin)
태산 밀기	T'aesan Milgi	Mountain Pushing (Chongwon)
날개 펴기	Nalgae Pyeogi	Wing Spreading (Chongwon) (Pyeogi = Stretching)

팔	Pal	Arms
팔목	Palmok	Wrist
안 팔목	An Palmok	Inner forearm
바깥 팔목	Bakkat Palmok	Outer forearm
팔꿈	Palgup	Elbow
주먹	Joomeok	Fist
등주먹	Deung joomeok	Back fist
메 주먹	Me joomeok	Side fist
손	Son	Hand
손날	Sonnal	Knife hand
손날등	Sonnal deung	Reverse knife hand
바탕 손	Batang son	Palm
편손 끝	Pyeonsonkeut	Fingertip (Sewo Vertical, 앞어 Eopeo Palm down, 가위 Gawi Scissor)

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서기	Seogi	Stance
굽이	Koobi	Emphasised, inflected
주춤	Juchoom	Crouching (Horse riding)
뒤	Dwi	Back
꼬아	Koa	Twisted (Taeguk Oh Jang)
범	Beom	Tiger
나란히	Naranhi	Parallel
꽃차	Kyo cha	X
학다리	Hakdari	Crane
겨름세	Gyeorumse	Fighting stance
기본준비	Gibon Junbi	Basic ready position

자기	Chagi	Kick
앞	Ap	Front
돌려	Dollyo	Turning
옆	Yeop	Side
반대	Bandae	Reverse
뒤	Dwi	Back
후려	Huryeo	Hooking
반달	Bandal	Crescent (subject under discussion)
내려	Naeryo	Axe
밀어	Mireo	Pushing
뛰어	Ttweo	Jumping
받아	Bada	Counter
비틀어	Biteureo	Twisting

	Dari	Legs
발	Bal	Foot
발날	Bal nal	Foot knife
발등	Bal deung	Instep of foot
앞축	Apchook	Ball of foot
뒤축	Dwichook	Bottom of heel
뒤꿈지	Dwikoomchi	Achilles heel
무릎	Murup	Knee

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Poomsae, Taegeuk		품새, 태극	
Belt level	Name	Symbol	Techniques introduced
9 th Kup	1 장 Il-jang	☳, 건 Heaven, Light	<ul style="list-style-type: none"> • Walking stance • Long stance • Low block • Inward middle block • High block • Middle punch • Front snap kick
8 th Kup	2 장 Ee-jang	☱, 태 Joyfulness	<ul style="list-style-type: none"> • High punch
7 th Kup	3 장 Sam-jang	☲, 이 Fire	<ul style="list-style-type: none"> • Back stance • Knifehand middle block • Knifehand neck strike
6 th Kup	4 장 Sa-jang	☳, 진 Thunder	<ul style="list-style-type: none"> • Double knifehand block • Spearhand strike • High knifehand block with strike • Side kick • Back fist strike
5 th Kup	5 장 Oh-jang	☴, 손 Wind	<ul style="list-style-type: none"> • Hammer fist • L-Shape Stance • Outward middle block • Elbow strike • Cross stance
4 th Kup	6 장 Yuk-jang	☵, 감 Water	<ul style="list-style-type: none"> • Outer forearm block • Arc hand block • Turning kick • Palm block
3 rd Kup	7 장 Chil-jang	☶, 간 Mountain	<ul style="list-style-type: none"> • Tiger stance • Horse riding stance • Lower knifehand block • Double block • Knee strike • Double upset punch • Crescent kick
2 nd Kup	8 장 Pal-jang	☷, 곤 Earth	<ul style="list-style-type: none"> • Mountain stance • Jumping front snap kick